



EVANSTON SWIMMING & DIVING

PROUDLY HOSTS THE:

55th ANNUAL EVANSTON SWIMMING AND DIVING INVITE SATURDAY, JANUARY 11th, 2020 at 1:00 P.M.

CONTACT: Head Coach, Kevin Auger at 773-320-4784. Pool 847-424-7383.

PLACE: Evanston Township High School, 1600 Dodge Ave., Evanston, IL. The pool is located on the corner of Church and Dodge. Park and enter the pool from Dodge.

ENTRIES: Please email your HY-Tek or sd3 file to swim@wildkitaquatics.com by 10 a.m. Wednesday, January 8th. You may enter 2 swimmers per event. Each swimmer may swim a maximum of 2 individual events and 2 relays or 1 individual event and 3 relays.

RELAYS: To make results accurate please indicate Relay Swimmers in the order they will swim. (You may change at the meet if needed.) You may enter one relay per relay event.

DIVING: **There is NO Diving in this meet.** Teams were given the option to enter the New Trier Diving Invite scheduled for the same day.

SCRATCHES: Meeting 12:30 p.m. No contestant shall be permitted to switch individual events to act as a substitute. You may switch from an individual to a relay event and substitute a swimmer who is not at their event limit into the vacated individual event.

TEAMS & LOCKERS: Arrowhead, Brother Rice, Evanston, Glenbrook South, Lake Forest, Lincoln Way East, Lockport will use the Boys Lockers, Loyola, Marmion Academy, Neuqua Valley, New Trier, Naperville North, Niles West, Stagg, St Ignatius, St Charles North, Stevenson and St. Patrick will use the Girls Lockers.

SCORING PROCEDURE: We will be using NISCA power points to score this meet. Thus, points awarded for 3rd place in one event may be higher than points awarded for first place in another. All swimmers score. Results will be posted online and meet mobile. MM backup and meet results file will also be posted online.

AWARDS: Medals will be awarded to the first six swimmers having the best times in each event. A trophy will be awarded to the first and second place teams based on NISCA power points. Awards will not be presented. Please make sure to collect your awards at the end of the meet, they will not be sent to you.

WARMUP & SAFETY PROCEDURES

- a. ONLY COACHES, OFFICIALS AND PARTICIPATING SWIMMERS AND DIVERS ALLOWED ON THE POOL DECK.
- b. Warmups will begin at 11:30 am
- c. NO DIVING except in designated one way sprint lanes
- d. Lanes 1&6 will be push/pace lanes and lanes 2&5 will be one way sprint lanes starting at 12:15 p.m.
- e. Additional sprint lanes will be opened as needed.
- f. Back pool may be used for warm-up and warm down purposes only.
- g. NO glass containers allowed in the building.
- h. All schools must furnish their own towels and locks.
- i. BREAKS will be 10 minutes long and occur after the 50 Free and after the 200 Free Relay

ADMISSION: May be charged. Heat sheets will be available to purchase.

CONCESSIONS: and coaches' hospitality will be available.

BANNERS: are welcome.