

Timing Assignments					
LANE	FRI PM	SAT AM	SAT PM	SUN AM	SUN PM
1	NTA	NTA	NTA	NTA	NTA
2	WILD	WILD	WILD	WILD	WILD
3	SWIFT	SWIFT	SWIFT	SWIFT	SWIFT
4	SCT	SCT	WSO	WSO	SCT
5	CLSC	WSO	CLSC	CLSC	WSO
6	WSO	WSO	WSO	WSO	WSO
Swimmers are responsible for providing their own counter and timer for the 400 IM and 500 Free					

Warmup Assignments					
LANE	FRI PM	SAT AM	SAT PM	SUN AM	SUN PM
1	NTA	NTA	NTA	NTA	NTA
2	WILD	WILD	WILD	WILD	WILD
3	SWIFT	SWIFT	SWIFT	SWIFT	SWIFT
4	SCT	SCT	SCT	SCT	SCT
5	CLSC	CLSC	CLSC	CLSC	CLSC
6	WSO	WSO	WSO	WSO	WSO
Back Pool	NTA, SWIFT, WILD 2 LANES EACH				
You may warmup as you wish in your own lane.					